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Thursday, September 18, 2014

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AS SCOTS HEAD TO THE POLLS TO VOTE ON INDEPENDENCE, METRO STAFFERS TRADE VIEWS ON SOVEREIGNTY PAGE 12

## Ford's tumour malignant

Toronto mayor diagnosed with rare, hard-to-treat form of cancer PAGE 13

## We're pretty happy ... most of us, eh

Report on Canadians has found majority feel good about life PAGE 11

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# ISIS namesake proves to be a headache for Alta. businesses

**Brand dilemma.** Calgary jeweller says customers routinely ask if there's a link to Islamic extremists

JEREMY NOLAIS
jeremy.nolais@metronews.ca

Three years ago, Amyn Jagshi and his business partners settled on the name Isis for their jewellery shop in Calgary's Northland Village Mall in hopes of giving customers an exotic vibe.

Now, he's claims he's being asked 4-5 times a day about potential connections to Islamic radicals.

"We have people come in and act like they've just solved a big mystery, like we are the ones behind these guys," Jagshi said referring to the group, known both as the Islamic State of Iraq and the Levant (ISIL) and the Islamic State of Iraq and al-Sham (ISIS).

Jagshi suspects some of the association may be tied to media reports of at least four former Calgary residents who headed overseas to fight with the group in recent years.

Still, he said, "People don't know what they're talking about ... there might be somebody doing that (funding the Islamic group) but they wouldn't put the name ISIS on their front door."

Isis is also the name of an Egyptian goddess, but lately the term has been prevalent in news headlines as the radical group has claimed to have beheaded two American journalists and a British aid worker, and U.S. President Barack Obama has gone public with a plan to train Syrian rebels to combat the group.

Jagshi said he's considering changing the name after the busy Christmas season. In the meantime, he may put up a sign clarifying that the profits he's making of necklaces and earrings are not being funnelled to the Middle East.

**Fahim Ali, left, and Amyn Jagshi are two of the three men behind Isis, a jewellery shop in Northland Village Mall that they say is being routinely — and ridiculously — connected to an Islamic extremist group with the same name.** CANDICE WARD/METRO

Up north in Edmonton, Colleen Sims says she's "half-and-half" on whether to change the name of her company, Isis Clothing. She said she's only been on the receiving end of one slur to date, but worries about the lasting attachment to the term.

"I've been talking to my sales agents and they think it will be OK," she said. "I can't really tell you if we'll change it or not ... it's our crazy buying time, so any decision would probably be after that."

It's not just Alberta companies, however, that are losing a bit of favour for the Isis moniker.

Isis Graham, a Calgary-based DJ and dance music producer, said it's hard constantly hearing her name in the news in such a negative context.

"I'm feeling almost ashamed that I have that name, at this point," she said. "I'm disappointed that it's come to that because of people beheading people in another country that I'm completely unrelated to."

Far from anything to do with Islamic extremism, Graham said she was named after the Bob Dylan song Isis, from his 1978 album Desire.

"It's a really great album," she said. "It's one of my favourite of his albums."

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**2**

### POETRY NIGHT

Don't be surprised if you see hundreds of men walking in high heels around Olympic Plaza today. They're taking part in the annual YWCA of Calgary Walk a Mile in Her Shoes to raise money to help break the cycle of family violence.

**3**

### WHOPPER DEAL

Industry Minister James Moore said he has received the formal application for a foreign-investment review of Burger King's $11-billion takeover of Tim Hortons. He expects it to be processed within a few weeks.

**4**

### FACING FACEBOOK

Facebook is meeting with a San Francisco drag performers and activists over the site's policy requiring people to use their real names. The group says the policy is unfair.

**5**

### TYPE 2 DIABETES

People with the highest intake of high-fat dairy products reduced their chances of developing type 2 diabetes by 23 per cent, according to research at Sweden's Lund University Diabetes Centre.

# Province seeks input from students, schools in effort to restore funding

**Tuition fears.** Hikes won't come before discussions with students, says new minister Donald Scott

JEREMY NOLAIS
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Alberta's new advanced education minister says he's "very aggressively" scheduling meetings with students groups and post-secondary administrators alike and new Premier Jim Prentice remains committed to restoring funds cut from the sector in 2013, a campaign pledge that will cost in excess of $60 million.

Donald Scott, a Fort-McMurray MLA who was handed the reins of the province's post-secondary sector, said in an interview Wednesday he's aware of the concerns being raised by students about potential market-modifier tuition hikes and would consider delaying decisions on those proposals to allow time for more discussion.

The government has asked that post-secondary institutions propose a maximum of three programs no later than Oct. 15 that they believe are eligible for the modifiers, which aim to correct circumstances where a provincial school is charging less for a program than comparable Canadian institutions.

But it's Prentice's pledge during the recent Tory leadership campaign that could have a wider effect on the system.

In all, $147 million was initially slashed from Campus Alberta grants in 2013, a turnaround of nine per cent from once-promised funding. Since that time, more than half of the funds — $82.5 million to be exact — have been returned but an outstanding deficit of nearly $65 million remains.

Scott said students, institutions and others will all be consulted on where the restored money would be best spent.

"It's premature for me to say what the funding is going to be used for but I'm expecting the premier's commitment is going to be kept," he said.

Mount Royal University was among those hit hardest by the 2013 clawback, as officials there cut eight programs entirely as well as reduced student entrance seats and staffing levels to combat a $14-million budget gap.

Erik Queenan, Students' Association president at Mount Royal University, is pleased with a pledge from Premier Jim Prentice to restore funding to the province's post-secondary sector. Inset: New provincial Advanced Education Minister Donald Scott. PHOTO: CANDICE WARD/FOR METRO; INSET: COURTESY ALBERTA GOVERNMENT

The work isn't done either, according to Erik Queenan, president of the campus Students' Association, who says his group has been told that another multi-million-dollar budget gap awaits over the next two years.

Given that, Queenan said it's probably best not to consider restoring programs lost in the wake of the 2013 budget.

"The only real thing to do with the money is to ensure that the university can continue on its current path and that we won't be cutting any more programs and reducing the number of seats," he said.

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# International Ave. patrols are paying off, say police

**'Pure interaction.'**
Chief says model could be beneficial in other areas of city as well

JEREMY NOLAIS
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Police walking a new beat are cracking down on serious crimes, nabbing annoying shoplifters and even finding time to pitch in with community cleanups and kick a ball around with area kids.

The International Avenue Beat Team (IABT), consisting of 16 constables and a sergeant, was launched in early July and tasked with patrolling a known problem spot in the 17th Avenue corridor between 28th Street and 52nd Street S.E.

Const. Kevin Collier said the added presence turned a few heads at first but it took mere weeks before they could stroll into an area business and chat up the owner.

"You would just say hi and check how their day was going, and they would start telling you if there were problems," he said.

To date, IABT members have laid 83 Criminal Code charges, issued 481 warrants, 469 summonses, 342 warnings and performed 261 checkups on area residents.

Members also referred four people to the downtown Safe Communities Opportunity and Resource Centre and helped one sex-trade worker enter a rehab program. They even found time to help build a few snowmen during a recent dump of the white stuff.

Chief Rick Hanson said the beat team comes at a cost of about $1.6 million but said the impacts are far-reaching.

He said the approach could be beneficial in other areas of the city as well, including the west-end of the Beltline along 17th Avenue and in the Kensington area.

Const. Kevin Collier has been with the International Avenue Beat Team since it was launched.
JEREMY NOLAIS/METRO

## Flashing the crowd at Stephen Avenue

Performers take part in the Circus Flash Mob on Stephen Avenue on Wednesday to promote Saturday's Circle The Wagons, a travelling carnival of local food, beer, music, art and performances held at South Calgary Park from 11 a.m. to 10 p.m.
CANDICE WARD/FOR METRO

**Mayor optimistic**

## 'New partnership' with big cities part of Alta. cabinet's new mandate

While he described the wording as "kind of vague," Mayor Naheed Nenshi said he was encouraged that "a new partnership" for Alberta's big cities was part of the written mandate for new Municipal Affairs Minister Diana McQueen.

In a letter to McQueen, who was shuffled into the portfolio Monday, Premier Jim Prentice laid out four specific priorities for her. The third is to "create a new partnership with big cities to ensure their capacity to manage growth."

Even though the words "city charter" weren't part of the letter, Nenshi said he was "happy" to see a new deal of some kind laid out as a top priority.

"I don't really care about the word," he said. "What I care about is getting the work done."

Nenshi has been at odds with previous municipal-affairs ministers — vocally, at times — over the levels of funding Alberta's biggest cities receive from the province.

The mayor said Wednesday that McQueen has already reached out to him and they're planning to meet in person soon, though a precise meeting date hasn't been set.

"I assume they'll need some opportunity to get their feet wet and get up to date on the files before we move forward," Nenshi said. "But I also expect that we're going to see some forward movement very quickly."

McQueen was not available for an interview Wednesday.
ROBSON FLETCHER/METRO

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Police Supt. Kevan Stuart speaks to a crowd of about 100 people at the Bowness Community Centre Wednesday evening. ROBSON FLETCHER/METRO

# Don't be strangers, residents advised

**Security.** Meeting focuses on ways to make Bowness safer

Senior police officers told Bowness residents eager to make their community a safer place Wednesday that they need to work together on simple things like getting to know their neighbours and communicating with strangers they see on the street.

"Something as simple as that helps," Supt. Kevan Stuart, a veteran of the Calgary Police Service who spent six years working undercover, told a gathering of about 100 area residents at the Bowness Community Centre.

Stuart said one of his roles after he infiltrated criminal organizations was to scout out potential houses for marijuana grow-ops, and one thing that inevitably prevented them from picking a location were neighbours who walked up to them and said: "Hi, how are you? Who are you?"

"That was a big deterrent," Stuart said. "If people noticed you, you didn't want to be there."

Coun. Ward Sutherland, who organized the gathering in the wake of a shooting in Bowness over the summer, urged residents to be in contact with police whenever they have a concern.

"We need to work together," he said. "If they don't know what's going on, they can't help."

Insp. Dean LaGrange said several "high-profile" crimes over the summer have Bowness residents on edge, but crime rates in the community are roughly flat over the last two-and-a-half years.

Chrystie Halliday of the Bowness Community Association's safety committee encouraged her fellow residents to be aware of what's going on around their blocks and to communicate with each other.

"It's important that all of us get involved," she said.

ROBSON FLETCHER/METRO

**Quoted**

**"That's what I grew up in — a Bowness where you could walk down the street and say hi to anybody."**

Chrystie Halliday of the Bowness Community Association's safety committee

## Education. Dirks pledges 'effective relationships,' speedy school construction

Alberta's new education minister says relationship building and expediting construction of new schools are his top priorities, but declined to delve into specifics on past disputes with teachers or deadlines for bringing new schools online.

Gord Dirks, a former teacher and trustee with the Calgary Board of Education, said the government he's due to play a key role in represents a "new era" for Alberta and a "new opportunity for our government to establish very effective relationships with key stakeholders in the universe of education."

But Dirks refused to go down the path that Premier Jim Prentice did during the Tory leadership campaign, that of criticizing efforts by former education minister Jeff Johnson, who convened a provincial teacher task force that union officials criticized.

That task force raised concerns about the disciplinary process for teachers, claiming it wasn't proper for the Alberta Teachers' Association to handle such matters. Johnson, in turn, said it was "not an option" to leave such powers in the hands of the ATA.

But Prentice told an Edmonton crowd in late June he hadn't heard concerns from parents about the issue targeted by Johnson and pledged to "work in a respectful way."

Dirks said he was still evaluating "key reports" related to his new ministry and would be in a better position to comment at a later time.

Dirks also said construction of new schools is "a No. 1 priority."

"It's right there at the top," he said. "We're going to get schools built and we've talked publicly … about 50 new schools needing to be built and a number of these are already in process." JEREMY NOLAIS/METRO

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## Douglas Garland.
# Preliminary hearing set in killing of boy, grandparents

The man accused of killing a five-year-old Calgary boy and the child's grandparents will have a preliminary hearing next May.

Douglas Garland, 54, made a brief court appearance in Calgary Wednesday.

Clad in a blue prison jumpsuit, Garland kept his head down and said nothing as the court set a two-week hearing that is to begin May 19.

He faces two counts of first-degree murder in the deaths of Alvin and Kathy Liknes and one charge of second-degree murder in the death of Nathan O'Brien. THE CANADIAN PRESS

**May 19**

**The preliminary inquiry will determine whether there's enough evidence to send the case to trial.**

**Proposal**

## Large-scale water users may see hike

Residential customers would see smaller water and wastewater fee hikes over the next four years while large-scale water users could see double-digit increases year over year, under a proposal presented to city councillors Wednesday.

Rob Spackman, director of water resources, told a city committee the goal is to even out imbalances in current rates versus actual costs.

"Our general service large customers are paying about 74 per cent of what they would under a full-cost allocation," he said.

Residential customers, Spackman said, are currently paying about 107 per cent of what they "should" be paying, under the same calculations. ROBSON FLETCHER/METRO

# Glenbow Museum posts one-time $1.1M surplus

Glenbow CEO Donna Livingstone addresses members at the museum's annual general assembly on Wednesday in Calgary. ROBSON FLETCHER/METRO

## Tough times persist.
### Organization still faces 'structural deficit'

After years of operating losses, the Glenbow Museum technically recorded a surplus last year, but that's only due to a one-time special allocation and restructuring of the organization's finances, according to its chairman.

"Glenbow is still facing a structural deficit going forward," Jack Thrasher told members at the museum's annual general assembly in Calgary on Wednesday. "This was not the result of higher operating revenues."

A $1.1-million surplus in the 2013-14 fiscal year was the result of a one-time $1.75-million "special revenue allocation" from the museum's legacy fund, chief financial officer Glenn McMurray said.

"This means … Glenbow has an ongoing, structural deficit of $600,000 to $700,000," McMurray said, adding that provincial funding has not kept pace with the actual costs of maintaining collections.

The museum enjoyed an "amazing" return of 18.5 per cent on its portfolio investments last year, McMurray noted.

Glenbow CEO Donna Livingstone, who earlier this year announced the "hybrid" facility would focus more on presenting its art collection and less on its historical collection, said "deep systemic challenges" remain, but the museum is gradually transitioning toward a sustainable course.

When Livingstone took over the CEO role on a permanent basis in May 2013, she said the challenge was akin to "turning the Queen Mary with a teaspoon's worth of gas."

"The good news is, I believe we're up to a cup and a half of gas now," she said Wednesday. ROBSON FLETCHER/METRO

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# Costly urban forest cleanup

**September storm.**
Restoring city's snow-damaged trees may mean 'many millions'

ROBSON FLETCHER
robson.fletcher@metronews.ca

In addition to at least $8 million in immediate cleanup costs from last week's record-setting snowfall, Calgary will need to spend "many, many millions of dollars" to replace trees lost to the storm, Mayor Naheed Nenshi predicts.

"We're going to have to plant a lot of trees — what I call Johnny Appleseed work," Nenshi said Wednesday, as the city officially closed its Emergency Operations Centre (EOC), which had been the post-snow response headquarters for the past week.

The parks department is taking over the cleanup and restoration effort now. Parks director Anne Charlton said the work will take months.

"We will not actually (know) the full extent of the damage until what we call 'leaf out' in June next year," she said.

Calgary Emergency Management Agency deputy chief Tom Sampson said the snowfall was "devastating" to the city's urban forest and generated an unprecedented number of calls from citizens.

"We absolutely crushed 311 and 911 records," he said.

There were roughly 27,000 calls to 311 in a 72-hour period during the snow emergency, Sampson said, compared to a total of 13,000 calls in a 14-day period during the flood of June 2013 and its aftermath.

**Record-setting snowfall**

**Sampson said 28.2 centimetres of snow fell at the Calgary airport last week and even more is believed to have fallen on the west side of the city — the most in the city's history.**

## Annual march. City women aim to Take Back the Night

Calgary women will hit city streets this Friday to Take Back the Night as a part of an international movement to raise awareness about violence against women.

"This annual event is to bring this issue of violence against women into a public space," said Jennie Palmer, committee member for Take Back the Night. "When (women) begin to talk about it, they begin to heal."

Many of this year's invited guests come from an Aboriginal background — a focus demographic for the event.

"Aboriginal women are four times more likely to be abused than Caucasian women," said Palmer.

There will also be a focus on the role that boys and men play in ending domestic violence.

"We can't end violence against women without the help of men," said Palmer.

The public event begins at 8 p.m. in Connaught Park (11 Street and 14 Avenue Southwest) and the march will take place through the Beltline area.

CANDICE WARD/FOR METRO

**An enthusiastic crowd marched through the streets in Calgary's Beltline area at last year's Take Back the Night event.** CONTRIBUTED

**Trading trade team**

### Mar out, Merrifield in: Jim Prentice

Alberta Premier Jim Prentice has hired three new representatives, including Conservative MP Rob Merrifield, in a shakeup of the province's trade offices.

Prentice says Merrifield will now be Alberta's point man in relations with the United States, replacing David Manning in Washington.

Prentice also announced that the contract of controversial Asia representative Gary Mar will not be renewed when it expires in 2015.

Mar had been criticized for receiving over $500,000 in cash and benefits a year.

THE CANADIAN PRESS

**Death of Amber Lucius**

### Officers complied with Amber Alert rules, RCMP find

RCMP have completed an internal review into their handling of a missing Millet girl who was ultimately found dead in a vehicle.

Amber Lucius, 9, was reported missing by her father Duane Lucius on Aug. 31. She was later found dead in a vehicle and her mother, Laura Coward, has been charged with first-degree murder.

Questions were raised about whether an Amber Alert should have been put out for Amber, but RCMP say they've determined "the officers involved in this matter acted in compliance with Amber Alert protocols after the girl was reported missing by Wetaskiwin RCMP." METRO

**Full recovery expected**

### Boy shot on farm out of hospital

RCMP say a six-year-old boy who was shot at a farm in central Alberta is expected to make a full recovery.

The boy was shot Tuesday at the family farm near Beiseker. Police say he has been released from hospital and investigators are working with the Crown to determine if anyone will be charged.

RCMP say the shooting was an accident involving a small-calibre firearm.

THE CANADIAN PRESS

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# Calgary Transit. Hefty bylaw fines rarely issued, says public safety boss

Calgary Transit's crime boss says his officers have rarely issued the heftiest fines in their arsenal, saving them for the select few whose actions cause widespread disruption for commuters.

In the summer of 2012, city council approved a major bump to transit fines for offences related to preventing or interfering the operation of a transit vehicle, impeding an employee in operation of a vehicle and interfering with a window, door, apparatus or equipment to delay departure of a transit vehicle.

The fine was hiked from $150 to $5,000. But two years on data provided by Calgary Transit indicates just 21 no-gooders have been slapped with the stiff fines.

"These are the offences that impact thousands of riders because we have to stop the system or take a train or bus out of service," said Brian Whitelaw, co-ordinator of public safety.

"They are all laid in cases of very serious anti-social behaviours."

Examples previously provided by Whitelaw of crimes that have justified the fines include a man who urinated on a bus, forcing it out of service for several hours, and some thieves who decided to steal tools being used by transit workers performing maintenance on the 7th Avenue LRT line. Whitelaw also noted, "If it is really serious a criminal charge is laid."

JEREMY NOLAIS/METRO

**Hefty fines laid**

- Prevent or interfere with operation of transit vehicle: 12
- Impede transit employee operating vehicle: 4
- Interfere with normal operation of window, door apparatus or transit equipment to delay departure: 5

# Teddy bears ease trauma for child victims of crime

Kaitlin Carlson, 5, and Addison Carlson, 7, members of the Girl Guides, along with Calgary Police Service trauma dog Hawk, help present about 4,000 teddy bears to the CPS victim assistance unit at Girl Guide headquarters on Wednesday as part of the Share Your Bear campaign. CANDICE WARD/FOR METRO

## Something to hold.
Police give stuffed toys to kids to reduce fear

CANDICE WARD
calgary@metronews.ca

For many children, a teddy bear is a cute, cuddly toy, but for other children, it's the companion and friend that gets them through traumatic situations.

This year's Share The Bear campaign collected thousands of stuffed toys to help provide countless hugs for children who have become victims of crimes.

"When we go into a house and we're dealing with a child and we're giving either traumatic news or having to have a very difficult conversation, it's amazing to walk in with a teddy bear," said Sgt. Brent Hutt of the Calgary Police victims assistance unit.

"It's an amazing thing to see, what impact they can have on a child."

Hutt said the stuffed toys give a child something to hold so they don't see the police officer as so scary.

Community sponsor MaxWell Realty helped collect the toys, which were tagged at Girl Guides headquarters with contact information for Kids Help Phone and the CPS victim assistance unit.

Hutt said his unit goes through about 4,000 stuffed toys annually and this recent donation will fill up the near-empty closet.

For Calgarians interested in donating bears to the program, Maxwell Realty accepts donations year-round.

**Share the Bear**

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A total of 4,000 bears were collected for this year's Share the Bear campaign.


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# Most Canadians feeling positive about life: Report

**Mental health.**
StatsCan study finds almost three-quarters of us are estimated to have complete mental health, fewer than 2% functioning poorly

A new report on the mental health status of Canadians has found that 77 per cent of people aged 15 or older are considered to be psychologically flourishing — feeling good about life and functioning well.

The Statistics Canada report found fewer than two per cent of Canadians are classified as languishing, meaning they experience low positive emotions and poor functioning, while almost 22 per cent of Canadians are classified as having moderate mental health.

The report is based on results from the 2012 Canadian Community Health Survey.

When combined with information on mental illness, almost three-quarters of Canadians are estimated to have complete mental health and don't meet criteria for six major mental disorders: depression, bipolar disorder, generalized anxiety disorder, and alcohol, cannabis or other drug abuse or dependence.

Men and women were equally likely to have complete mental health, with factors contributing to well-being including age, marital status, income, education, employment status, spirituality and physical health.

The report found age is a strong factor in psychological well-being, with 80 per cent of those aged 65 and older having complete mental health, compared to 65 per cent among those aged 15 to 24.

Having a spouse or partner is also associated with having complete mental health, as is higher education and income.

People who reported that religious or spiritual beliefs were important in their daily lives were significantly more likely to be in complete mental health than those not classified as having strong spirituality: 76 per cent versus 66 per cent, respectively.

THE CANADIAN PRESS

## Street art recurring in Cairo

A woman talks on her tablet phone while walking past graffiti on Mohammed Mahmoud Street near Tahrir Square, in downtown Cairo, Egypt, Wednesday. Street art in Cairo, which flourished following the uprising that ousted former president Hosni Mubarak, has mostly been painted over by authorities, but on Mohammed Mahmoud Street, artists use the whitewashed walls for new artworks.

HASSAN AMMAR/THE ASSOCIATED PRESS

Philadelphia

## 'Twitter detectives' help police find suspects in beating of gay couple

Police searching for a group of suspects in the beating of a gay couple say they got an assist from social media users, and a defence lawyer said Wednesday that some of them were turning themselves in for questioning.

A security video of the group was posted by police Tuesday, and within hours, a Twitter user posted a photo of the men and women gathered at a restaurant. Another got help figuring out which restaurant, using Facebook to find people who had "checked in" there and started matching faces to names.

"This is how Twitter is supposed to work for cops," Philadelphia police Det. Joe Murray tweeted Tuesday. "I will take a couple thousand Twitter detectives over any one real detective any day."

The victims, a gay couple in their late 20s, were held down, punched and beaten after they bumped into a group of about a dozen people on Thursday. THE ASSOCIATED PRESS

**Millions of Scots are heading to the polls today to decide whether to return to independence, apart from the United Kingdom**

# A TALE OF TWO EXPATS:

## Metro staffers from across the pond trade views on Scottish sovereignty

## THE SCOTSMAN

The people of Scotland are being asked a question: "Should Scotland be an independent country?" On Thursday, as many as 80 per cent of the country's five million people will reply Yes or No, perhaps paving the way to independence from the rest of the United Kingdom. The vote promises to be tight, and a simple majority is all that's required.

The one official question being asked is not necessarily the question that people are interested in answering. As observers make misguided references to ancient battles, other secession campaigns and apparent anti-English sentiment, many Scots, whether those living in Scotland or those in other places, are thinking instead about social and political change.

For some, it's about the U.K. government's cuts to public services. Others point to the damaged British economy, the divide between rich and poor or the nuclear weapons stationed in Scotland. Many want to pass judgment on U.K. politics, especially posh, privileged Prime Minister David Cameron, who's unpopular in Scotland. There are dozens of reasons that people might say Yes to independence.

Meanwhile, the No campaign has struggled with its message. Like a tidy person with rambunctious visitors, its leaders make shrill pleas for their stuff to be left alone. Attempts to paint independence as a bad idea for reasons of finance, defence and more are scoffed at by Yes campaigners, who rebuff the most difficult questions with vague, optimistic statements. It's all getting a wee bit emotional.

Now it's decision time. If it's a Yes, then perhaps two million people could be dragged into a new country they didn't vote for. But if it's a No, the huge popular movement for independence means the demands for change will continue. It's been a wake-up call for the political establishment.

Only one thing is for sure: After Sept. 18, 2014, Scotland will never be the same again.

**MIKE DONACHIE**
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**QUIN PARKER**
quin.parker@metronews.ca

## THE ENGLISHMAN

Like other English people, I've been devoting much of my thinking recently to Scotland.

I'll be honest: This is a new thing for many of us.

Scotland, in the popular English imagination, is misty, deep-fried and strangely angry with England for reasons that probably don't matter that much. It's a bit like the hate/indifference between Calgary and Toronto, except with more alcohol and saturated fat.

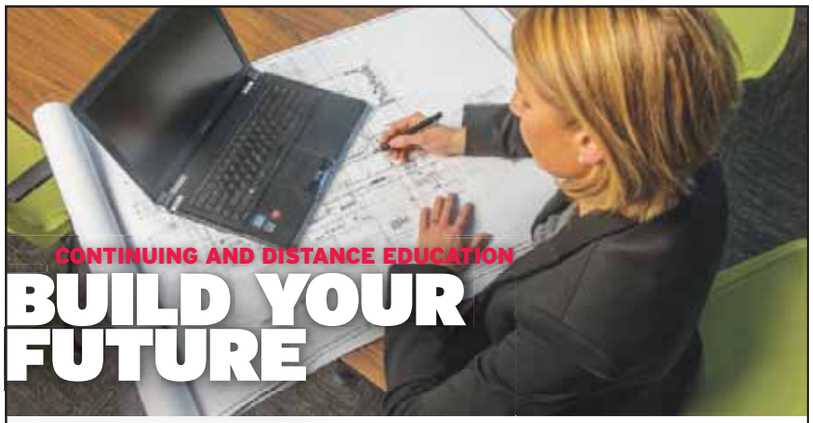
Scottish people invented television, the telephone, the electric clock and colour photography. So, basically, they invented the iPhone. A Scot also invented the flush toilet: a place many people, thanks to the iPhone, can use all of the above.

But relentless Scottish curiosity also resulted in an astonishingly foolhardy attempt to colonize a section of central American coastal land near the Darien Gap, which even today is too impenetrable to build a road through. The Darien Scheme impoverished the Scottish nobility and was a major reason why Scotland had to unify with the rest of the U.K.

I bring Darien up because I've always been a little bit envious of the romanticism of the Scots. Although I grew up in London, my family hails from Northumberland, the county across the border from Scotland. There the main highway to the border has signs every five kilometres telling you how dangerous the road is and that you're certainly going to die. (No such signs exist in the opposite direction.)

Now, waving a flag — literally and metaphorically — always feels gauche to an Englishman. So much so he has to use a French word to describe the sensation.

Still, I'm going to borrow a bit of that romanticism now. Scotland, I know you don't like us, but I do hope you go it alone. Because I'd love to see what you invent next.

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Toronto Mayor Rob Ford's mother, Diane, and his brother Randy arrive at Mount Sinai Hospital in Toronto Wednesday ahead of a press conference in which it was announced that the mayor has been diagnosed with a rare type of cancer.
BERNARD WEIL/TORSTAR NEWS SERVICE

# Rob Ford diagnosed with a rare form of 'aggressive' cancer

**'We are optimistic.'**
Doctor says Toronto mayor will begin chemotherapy within the next 48 hours

JESSICA SMITH CROSS
Metro in Toronto

Toronto Mayor Rob Ford has been diagnosed with cancer and will begin chemotherapy soon.

Colorectal surgeon Dr. Zane Cohen held a press conference at Mt. Sinai Hospital in Toronto on Wednesday to update the public on the mayor's health.

Cohen said the tumour in Ford's abdomen is a malignant liposarcoma, a rare and hard-to-treat form of cancer.

"However, we are optimistic about this tumour," he said.

The tumour has spread to Ford's buttock, behind the left hip, said Cohen. "We have biopsied that, and it is part of the same tumour."

Ford will undergo chemotherapy, beginning within the next 48 hours, said Cohen. "It will involve in-hospital, in-patient chemotherapy for three days, followed by a washout period of 18 days. The cycle will then be repeated."

Doctors will then perform more imaging tests, reassess the situation and determine the next steps, said Cohen. The next steps may be further cycles of chemotherapy, radiation or surgery.

Cohen said the tumour is "aggressive," and about 12 by 12 centimetres. He did not give a prognosis.

"We will be able to say more after the second round of chemotherapy," he said.

Ford has been in hospital since Sept. 11. He was admitted after experiencing intense abdominal pain.

Cohen said it was not possible to say how long Ford has had the tumour, except that it was not present when the mayor had an unrelated CT scan in 2011, but was likely growing for years.

The mayor's brother, Coun. Doug Ford, who has entered the Toronto mayoral race, issued a statement following the announcement saying: "Rob will beat this."

"Rob has always been so strong for all of us and now I ask us all to be strong for him."

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# Man pleads guilty to terror charge

**Hiva Mohammad Alizadeh.** He faces a max of 18 more years

In a surprise move, an Ottawa man pleaded guilty Wednesday to possessing explosives with an intent to do harm as part of a homegrown terrorist conspiracy.

The plea means Hiva Mohammad Alizadeh, 34, will not face trial in February for his role in the plan to wage violent jihad in Canada.

Alizadeh, a custodian and part-time student, was arrested in August 2010 along with two other men.

Police seized terrorist literature, videos and manuals along with dozens of electronic circuit boards — devices designed to detonate homemade bombs remotely.

Alizadeh was sentenced to 24 years in prison after entering his plea in Ontario Superior Court, part of a pre-arranged plea deal.

Alizadeh told Justice Colin McKinnon that his time in custody to date had opened his eyes to the reality of his actions. He said he did not always subscribe to such an "evil way of thinking" and wanted to own up to his mistakes.

Alizadeh will be burdened with an utterly deplorable stigma, McKinnon noted.

After accounting for time served — credited as six years — Alizadeh faces a maximum of 18 more years behind bars.

THE CANADIAN PRESS

## Ukrainian president shakes hands in Ottawa

Ukrainian President Petro Poroshenko shakes hands with members of the Canadian Ukrainian community on Parliament Hill, in Ottawa, Wednesday.

FRED CHARTRAND/THE CANADIAN PRESS

'Non-combat'

## Mulcair refuses to back commandos in Iraq

New Democrats are refusing to back Prime Minister Stephen Harper's decision to send special forces commandos into northern Iraq.

NDP Leader Tom Mulcair says it's the only responsible position to take, given the government's refusal to provide details of the deployment or to allow parliamentarians to vote on the matter.

THE CANADIAN PRESS

Winnipeg

## Police analyze bones found along Red River

Volunteers searching for clues about the fate of missing and murdered aboriginal women have found bones along the banks of the Red River in Winnipeg.

Police are now analyzing the remains, found Tuesday evening, but don't know yet if they are human. A blood-splattered pillowcase, a bloody rug and a set of dentures have also been turned over.

THE CANADIAN PRESS

## Thailand. No DNA match yet for slain tourists

Police in Thailand said Wednesday that DNA samples from the bodies of two British tourists found bludgeoned on a resort island did not match any collected from 12 people who were among those in the area.

Police also conducted autopsies that showed that 23-year-old Hannah Witheridge died from head wounds while 24-year-old David Miller suffered severe blows to the head and drowned in the surf, said Maj. Gen. Pornchai Suteerakune, the country's forensics police chief.

Pornchai said Miller also had wounds on his hand, indicating a struggle had taken place.

The two Britons were found Monday morning in a rocky alcove along the shore close to the hotel where they both were staying on Koh Tao. A bloodied hoe was found near the bodies.

Authorities have made no arrests so far but are hoping to be able to match DNA samples.

THE ASSOCIATED PRESS

## Report. End-of-life care failing Americans

Americans suffer needless discomfort and undergo unwanted and costly care as they die, in part because of a medical system ruled by "perverse incentives" for aggressive care and not enough conversation about what people want, according to a report released Wednesday.

Though people repeatedly stress a desire to die at home, free from pain, the opposite often happens, the Institute of Medicine found in its "Dying in America" report. Most people do not document their wishes on end-of-life care and even those who do face a medical system poorly suited to give them the death they want, the authors found. The result is breathing and feeding tubes, powerful drugs and other treatment that often fails to extend life and can make the final days more unpleasant. The report blamed a fee-for-service medical system in which "perverse incentives" exist for doctors and hospitals to choose the most aggressive care; inadequate training for those caring for the dying; and physicians who default to life-saving treatment because they worry about liability.

THE ASSOCIATED PRESS

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**A potential consumer checks out at a Rolls-Royce Phantom during the 2014 Beijing International Automotive Exhibition at Beijing's China International Exhibition Center on April 21. A Hong Kong tycoon has placed the biggest-ever order for Rolls-Royce cars, agreeing to buy 30 Phantoms to chauffeur guests around at a luxury resort he's building in the global gambling capital of Macau. Stephen Hung's approximate US$20 million purchase surpasses the 14 Phantoms bought by Hong Kong's Peninsula Hotel in 2006. Hung and Rolls-Royce executives signed the deal Tuesday at the company's Goodwood factory in England. The extended wheelbase Phantoms will be used for guests at Hung's ultra-luxury Louis XIII hotel, scheduled to open in early 2016.** FENG LI/GETTY IMAGES FILE

# This is your brain. This is your brain on marijuana edibles?

**Not funny, man.**
The legal pot industry in Colorado is setting stereotypes ablaze with new ad campaign

Tired of Cheech & Chong pot jokes and ominous anti-drug campaigns, the marijuana industry and activists are starting an ad blitz in Colorado aimed at promoting moderation and the safe consumption of pot.

To get their message across, they are skewering some of the old Drug War-era ads that focused on fear of marijuana, including the famous "This is your brain on drugs" fried-egg ad from the 1980s.

They're planning posters, brochures, billboards and magazine ads to caution consumers to use the drug responsibly and warn tourists and first-timers about the potential to get sick from eating too much medical-grade pot.

"So far, every campaign designed to educate the public about marijuana has relied on fear-mongering and insulting marijuana users," said Mason Tvert, spokesman for the Marijuana Policy Project (MPP), America's biggest pot-policy advocacy group.

The MPP plans to unveil a billboard on Wednesday on a west Denver street where many pot shops are located that shows a woman slumped in a hotel room with the tag line: "Don't let a candy bar ruin your vacation."

It's an allusion to Maureen Dowd, a New York Times columnist who got sick eating one on a visit to write about pot. The campaign is a direct response to the state's post-legalization marijuana-education efforts.

One of them is intended to prevent stoned driving and shows men zoning out while trying to play basketball, light a grill or hang a television. Many in the industry said the ads showed stereotypical stoners instead of average adults.

Even more concerning to activists is a youth-education campaign that relies on a human-sized cage and the message, "Don't Be a Lab Rat," along with warnings about pot and developing brains. THE ASSOCIATED PRESS

**Market Minute**

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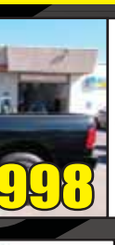

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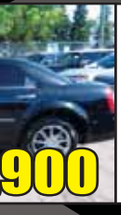

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# APPLE: THE LITTLE COMPANY THAT COULD

HE SAYS

**John Mazerolle**
metronews.ca

Unlike other media outlets, I'd like to talk about Apple and its latest products rollout.

Though this Little Company That Could struggles for attention from the mainstream media, I and a number of other indie columnists have been taking note of some of the new gadgets and services Apple announced this week to little fanfare.

With a brand-new smartwatch, new smartphone and new operating system, Apple has shown once again that it's on the cutting edge of replicating technology that other companies rolled out 18 months ago.

But with all the news about the possible meeting between U.S. President Barack Obama and Iranian President Hassan Rouhani, not to mention growing support in Brazil for Dilma Rousseff, you've no doubt been too tied up in world affairs to notice the picayune details of something so frivolous.

But I'm here to help. Here's a complete round-up of the new features and technology Apple announced during the past week.

• In a special surprise, iPhone users now have Irish rockers U2 as their ringtone, lock screen, music library, Angry Birds theme and call-centre representative. Also, predictive typing autocorrects "Hello" to "Who's Gonna Ride Your Wild Horses?"

• Apple's terms and conditions are now read by Siri so you don't have to.

• Airplane technology allows you to use your phone without looking up thanks to the "stick shaker" feature, which causes the phone to shake violently when you are about to encounter terrain.

• iPhone 6 overcomes Apple's size deficiency with a new 55-inch screen. The iPhone 5 can still be used as a remote.

• New E. coli-resistant casing makes toilet reading sanitary and guilt-free.

• Apple Maps now includes a direct link to Google Maps.

• The new operating system senses any concerns about personal privacy and automatically ups you one level on Candy Crush.

• To cash in on the vinyl craze, iTunes now holds only 12 songs.

• New and improved autocorrect feature is butter then evergreen.

• Spurred forward by smartwatches, smartrings and Google Glass, Apple releases an entire line of wearable technology, including iTrousers, iCorsage and iUD.

• Family Sharing allows kids to read your Internet search history directly.

• Phone battery now lasts a stunning 12 minutes.

• Lock screen opens with your fingerprint, which was conveniently saved by Apple eight years ago for just such an occasion.

• HealthKit technology measures the likeliness you have Ebola by monitoring the amount you've bled on the screen.

• Finally, celebrities' nude photos appear on your phone the second they're uploaded to the cloud, eliminating the middle man. Expect lots of Bono in the buff.

## Glittering rock

The Matterhorn bathed in torch light from climbers as fog passes overhead. ROBERT BOESCH/MAMMUT/PHOTOPRESS VIA THE ASSOCIATED PRESS

### Matterhorn mountain lit up for Swiss Alp-trekking anniversary

In preparation for the 150th anniversary of the first ascent of the Matterhorn, Swiss mountain sports specialist Mammut and mountain guides from the village of Zermatt transformed the spectacular summit into a shining stone icon as an anniversary gift to the village.

The prominent mountain is regarded as the emblem of the Swiss Alps and enjoys international popularity.

THE ASSOCIATED PRESS

**Matterhorn at a glance**

**The Matterhorn is 4,478 metres high and was one of the last great Alpine peaks to be climbed.**

- The first climb ended disastrously when four members fell to their deaths on the descent.
- It also has French and Italian names, reflective of the communities that live in the mountain's valleys.

SOURCE: WIKIPEDIA

MetroTube

## Man versus hamster

ANDREW FIFIELD
andrew.fifield@metronews.ca

SCREENGRAB

**This hamster hits all right notes on the adorability scale. Not to mention the tiny hot dogs. But if we're going to call this an eating contest against Kobayashi, perhaps the finest competitive eater our species has ever produced, it's only fair to note that this nogoodnik hamster isn't really "eating." Just stuffing its cavernous, gluttonous cheeks. Not a fair fight at all. #TeamHuman (HelloDenizen/YouTube)**

Comments

**Re: West Quebec Dog Rescuer Suing Municipality for $500K to Relocate to Ontario, published online Sept. 16.**

I am dumfounded that the Mayor took this lightly and hasn't done anything about that. He is an elected official, is he not? I guess he picks and chooses who he defends in the community he is suppose to serve.
**Danielle Emond, posted to metronews.ca**

I agree the city made a mistake here. But as a citizen and business person, it is her responsibility to be aware of the rules especially in her field of work, I am in business too, and no one holds my hand.
**Chris, posted to metronews.ca**

metro AR SEE THE NEWS COME ALIVE

*In this issue, you can find AR enhancements on page 20 in Scene and page 30 in Sports.*

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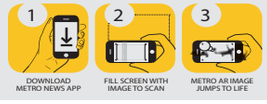


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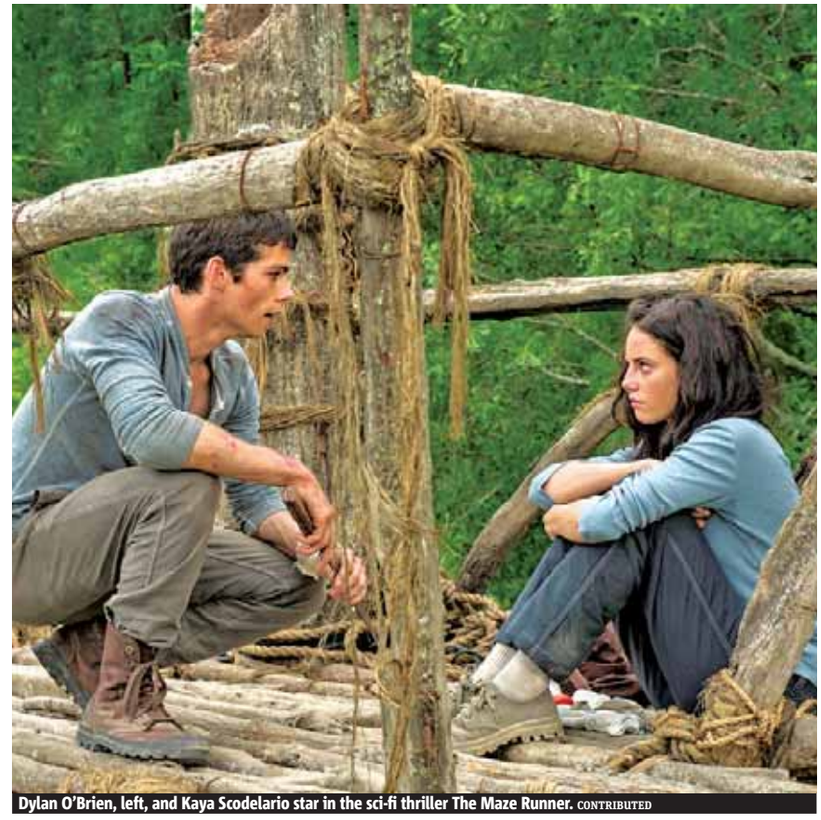
# Hearts beat for Maze Runner stars

**Maze mania.** Dylan O'Brien, Kaya Scodelario and Will Poulter nearly caused a teenage riot at a premier screening of their new film

RICHARD CROUSE
scene@metronews.ca

Will Poulter in The Maze Runner. CONTRIBUTED



Dylan O'Brien, left, and Kaya Scodelario star in the sci-fi thriller The Maze Runner. CONTRIBUTED

Imagine the roar of a jet engine. Then picture yourself being blown backwards by the ferocity of the sound.

That's the experience I had recently when hosting the Canadian premier of The Maze Runner, a new film based on a popular YA novel about a group of boys (and one girl) who must brave the dangers of a giant labyrinth to gain not only freedom but also their true identities.

There wasn't a plane in sight, just a theatre packed with young adults. When I made the surprise announcement that some of the film's stars would be joining us for a Q&A, you would have thought a giant electrical surge had bolted through every seat in the house. As I brought Skins' star Kaya Scodelario, Meet the Millers' Will Poulter and Dylan O'Brien, resident heartthrob of Teen Wolf to the stage, the place erupted.

Ears ringing, I asked a few questions, trying to be heard above screams of "I love you!" Not directed at me, but mostly at O'Brien.

As the handsome actor answered a question on bringing the character traits of Thomas alive from the page to the stage, a young woman whooped, "Thomas is hot!" O'Brien played along, saying, "That's what I really wanted to lift from the page, his hotness. I was really focused on that."

"You nailed it!" came a voice from the audience.

The enthusiasm wasn't reserved just for him. Scodelario, a British actress who plays the film's fierce female lead, could barely be heard above the din as she talked about her character's empowerment. "I felt very strong playing her," she said.

"A lot of times in movies, Hollywood and the rest of the world try to soften female characters. We have to see them vulnerable and we have to see them crying, and while that is a part of who we are as women, we can also be tough ..."

The rest of her message is lost to the ages, drowned out by, "You go, girl!" hollers and the general melee of excited millennials.

Poulter, a 21-year-old British actor with a resumé that includes the charming Son of Rambow and The Chronicles of Narnia blockbusters, provided comedic relief. When I asked if he modeled his American accent on anyone in particular, he said, "I had to give up modeling, but that's very sweet. Thanks for asking."

The trio answered questions, most of which started with, "I just want to say I love you guys," and ended with the inevitable, "Is there any possibility of getting an autograph or a picture?" for 25 minutes before being whisked away to another city, another press day and another theatre likely full of screaming teens.

**Quoted**

**"A lot of times in movies, Hollywood and the rest of the world try to soften female characters. We have to see them vulnerable and we have to see them crying, and while that is a part of who we are as women, we can also be tough..."**

**Kaya Scodelario, actress**
on playing a strong female lead

# YouTube star youngest to perform at CMHR

**Pint-sized prodigy.** Maria Aragon calls opportunity to sing at museum's opening ceremony 'an honour'

ELISHA DACEY
Metro in Winnipeg

It's been three years since 11-year-old Winnipegger Maria Aragon uploaded a stripped-down, piano version of Born This Way and caught the attention of the song's artist, Lady Gaga.

The resulting YouTube brouhaha — Aragon's version has more than 50 million views and the pint-sized singer got to sing the song on stage with Gaga in Toronto — has led Aragon to a record deal, touring opportunities, numerous appearances locally and internationally, and now to the Canadian Museum for Human Rights.

Now 14, Aragon will be the youngest singer to perform at the national museum's opening ceremonies in Winnipeg on Friday. While she won't reveal what song she's singing Friday, she said she hopes Canada is impressed.

"There's only three performers for that morning," she said. "I'm just so honoured to be one of them. Hopefully I'll just give a performance … that will make Winnipeg proud."

The opening ceremonies are being broadcast live, but the thought of millions of people watching her makes her more excited than nervous, she said.

Aragon said she thinks she was asked to perform thanks to her rich Filipino-Canadian cultural heritage, her age and her dedication to various charities, including Typhoon Haiyan relief. "I know I'm representing youth," said Aragon. "I'm performing because I am younger, but I can also make a difference."

The CMHR opening ceremonies will be broadcast live Friday morning at 9:15 ET.

metro AR Maria Aragon stands in front of the Canadian Museum for Human Rights in Winnipeg, where she will perform at the opening ceremonies on Friday. Scan this photo with your Metro News app to see her cover of Born This Way. ELISHA DACEY/METRO

**The beat goes on**

Aragon recently debuted her first single, Nothing But a Beat. Her as-yet-untitled album is expected out in February.

# Paper Towns. Cara Delevingne lands lead in adaptation of John Green novel

British model Cara Delevingne will play female lead Margo in the 2015 adaptation of the John Green novel Paper Towns.

Despite her status as a relative unknown in acting terms, Delevingne "blew everyone away" at the audition, and demonstrated a perfect understanding of lead character Margo, said The Fault in Our Stars author Green, via Twitter.

The model started her segue into film with a minor part in Joe Wright's 2012 interpretation of Anna Karenina, a main role in Michael Winterbottom's The Face of an Angel, and again with Wright on 2015 fairy tale Pan.

For Paper Towns, directed by Jake Schreier of the award-winning crime comedy Robot & Frank, Delevingne will become a mysterious, mischievous classmate of Quentin (Nat Wolff, The Fault in Our Stars), who incites him to indulge his most vengeful urges before she makes a sudden disappearance. AFP

British model and actress Cara Delevingne. LOIC VENANCE/AFP

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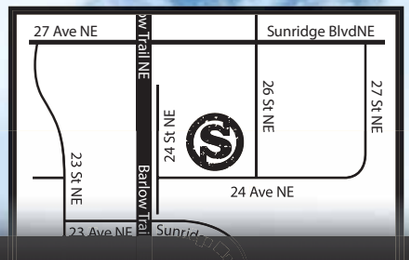


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Britney Spears. ALL PHOTOS GETTY IMAGES

## Lucado-less Britney reaches out to former beau

Britney Spears has reportedly been retreading old romantic territory in the wake of her split from boyfriend David Lucado, at least according to one former flame.

"Britney was making the rounds with ex-boyfriends," ex-boyfriend John Sundahl tells the National Enquirer. "Ten minutes after I saw that she broke up, she called me and said, 'Hey, I just want you to know that we split up because (Lucado) was with some porn star.' And I was like, 'OK, sorry to hear that.'"

That's not all Spears wanted to talk about.

"She said, 'Are you going to be in town soon?'" he recalls. "'Well, look me up and we'll hook up.' Britney falls in love very easily."

Spears, who also reportedly reached out to ex Adnan Ghalib, dated Sundahl briefly after her 2007 breakdown.

## Nick Jonas bares his finger but still values his values

Nick Jonas is not so pure anymore — or at least he doesn't need a piece of jewelry to remind him to be.

After years of rumours that he and brother Joe Jonas had dropped the pledges that go along with their purity rings, the youngest Jonas Brother admits he's stopped wearing it all together.

"This is real growth in me and not something I'm doing anymore," he tells the Huffington Post. "But I've got my set of values, things that are important to me now at this point in my life, and that's all that matters."

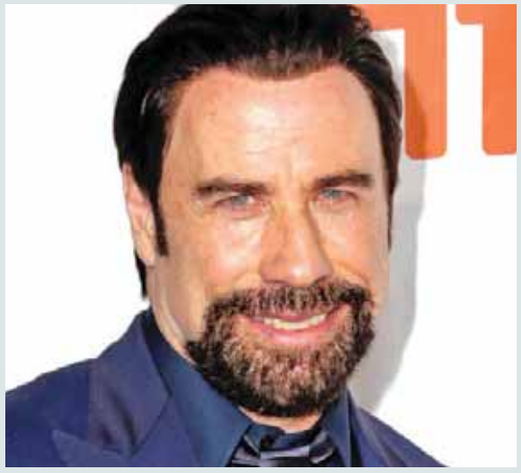
Nick Jonas

That and not advertising to every girl you see that you're a virgin, I guess.

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



## *Embattled Travolta has no regrets about Battlefield flick*

NED EHRBAR
Metro in Hollywood

doesn't seem too bothered about the pending lawsuit from his former pilot, Doug Gotterba, who claims he also had a six-year romantic relationship with the Look Who's Talking star.

"This is every celebrity's Achilles heel. It's just about people wanting money," Travolta tells the Daily Beast.

Yikes. I didn't realize Gotterba got around that much. Every celebrity?

Seriously, though, there's a much, much more troubling revelation in this interview, and it has to do with the universally panned Battlefield Earth, about which Travolta has zero regrets.

"Are you kidding? Why would I ever regret that?" Travolta asks. Although I'd be happy to explain, I get the feeling he doesn't really want an answer.

"I had the power to do whatever I wanted, and I chose to do a book that I thought was worthy of making into a movie," he says. "It's a beautiful film. It's a good movie."

I just ... wow.

Lena Dunham

## Girls' girl will see Star Wars if Girls' guy will watch Girls

Now that Lena Dunham's Girls co-star Adam Driver is set to be in the new Star Wars film, she's using the fact she's never seen the famous franchise as leverage to get him to finally watch their HBO series — something Driver has avoided.

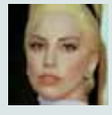
"I've never actually seen Star Wars. I understand that this is a huge cultural phenomenon, but I get none of the references," Dunham tells E! News. "Now I'm going to have to watch — to understand. Adam's never watched Girls, so we made a deal I would watch Star Wars if he watched Girls. We can commune about it like a book club."

Except Driver himself isn't so hot on the exchange.

"I don't think so," he says of watching the show. "I'm trying to delay that as much as possible."

Twitter

**@algore**
Cities are leading the way for climate action. They give me #ClimateHope.



**@ladygaga**
Spent a lot of time crying today, happy tears, but many. I can't believe my life. Being able to buy nice things, travel, it's overwhelming.

**@DanaDelany**
I'm trying this thing where I take a walk instead of a nap. So now I'm sleepwalking.

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# 5 runways that rocked LFW

Seaside piers, playful days and current politics influenced this year's delivery of Spring/Summer styles at London Fashion Week.

MARISSA FENTIMAN
Metro World News

## Burberry Prorsum

Youthfulness was at the core of the collection entitled The Birds and the Bees, with sheer fabric swathed around the models' bodies in a bandage-like fashion overlain with denim jackets, finished in shearling and ostrich feather trims. But it was the fresh spring spin on the house's heritage stalwart — the trench coat in hand-screened flora and fauna — which truly blossomed.

## Paul Smith

The designer's Spring '15 outing was easy like a Paul Smith Sunday afternoon. The clothes were made for lounging: relaxed tailoring, blouses and floaty linen tops in taupe, blush, and cornflower blue. Here, the mannish tailoring that's quintessentially Paul Smith translated into deconstructed jackets and oversized culottes. There was femininity, too, with sheer panels on skirts and fringing on tank tops.

## Vivienne Westwood Red Label

Vivienne Westwood turned the runway into a political rally for the "Yes" campaign in the upcoming Scottish referendum on the nation's independence from the U.K. The clothes were as outspoken as her politics: oversized '70s-style shirt collars and shoulders, textured leggings and hats that wouldn't look out of place in the French Revolution — apt coming from the anarchic Grand Dame.

## Topshop Unique

"The faded glamour of the British seaside" was the romanticized theme for the Topshop Unique show. You'd do well to discover those past glories through the sea-salt rotted piers and cheap arcade gaming shops, but the high street fashion house managed to find something more cheery amongst the wreckage. Indeed the clothes were bold in cut and (primary) colours: slipdresses, babydolls, and ruffled short shorts came with striped wedges.

## Christopher Kane

The Scottish designer tied his collection together with rope ... quite literally. Cord was worked into dresses, hems and even drawstrings on a pair of bordeaux-coloured leather track pants. The colour palette was subdued, almost wintry, perhaps in part in respectful memory of his mentor, the Central Saint Martins professor Louise Wilson, who died recently. But there was still excitement, albeit more pared down than in seasons past with "controlled explosions" of tulle from collars and hems.

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# Be of good chair

Whether it's a single in the corner of the bedroom or a pair holding court in the living room, armchairs offer more than a place to park yourself. They're also a great way to inject some personality into a room. Here are some accent-seating options to add dazzle to your place through the entertaining season and into the long winter ahead

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

## The finishing Tux

Add a touch of classic houndstooth pattern to your space. Tux Chair, $1,200, CrateAndBarrel.com

## Say zen!

Smooth, sensual lines give this chair a groovy zen vibe. Karbon Chair, $700, EQ3.com

## In rare form

Form and structure offer up the look of an architect's prototype. Kanji Armchair, $400, Structube.com

## Tuft act to follow

Mid-century modern goes traditional with a winged back and button tufting. Strandmon Wing Chair, $329, Ikea.com

## When in chrome

Rounded leather and chrome scream '70s sex appeal. Caitlin Leather Lounge Chair, $2,270, Elte.com

## Simply irresistible

Simple and sculpted with a pop of colour. Rebecca Armchair with wooden legs, $810, UrbanMode.com

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Smart home revolution

## Tech giants bet on Jetsons-style living

It's long been the stuff of science fiction, but tech giants hope the "smart home," where gadgets talk to each other and the fridge orders the milk, will soon become reality.

The futuristic vision of wireless domestic bliss that puts people and their smartphones or tablets at the centre of an Internet of Things was a key theme at this year's IFA consumer electronics fair in Berlin.

Industry titans such as Google, Samsung and Apple have been battling for an early lead in the race to create the Internet-connected household, a market they expect to grow into the next multi-billion-dollar tech revolution.

The smart home is heading "towards a mass-market reality," said Lisa Arrowsmith of market research firm IHS.

The new driving force, she said, is "the rise of the smartphone and its role as a common user interface to allow remote and in-home control of devices such as thermostats, smart plugs or security systems."

Talk of creating the "automated home" has been around since at least the 1980s, but was hobbled by technical hurdles, from tangled cables to costly interfaces and compatibility problems between appliance manufacturers.

Now the dream is back with a vengeance as companies foresee a world of synced devices, where motorists remotely switch on the heating as they drive home, and vacationers watch over their houses from the beach with security camera footage. AFP

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Give your kitchen a whole new look with a real wood counter that's easy on the pocketbook. ISTOCK

# A new countertop? Wooden it be nice

**DIY.** Replace your old kitchen counter with a luxurious yet affordable one made from wood planking

Renovations around the home can often feel overwhelming and endless. There's always something that needs fixing or updating. The kitchen is an area that can quickly begin to show wear and tear, but here is an easy solution: Replace your countertop with a wooden alternative. It's a great option for creating a luxurious look at an affordable price. This DIY project allows you to either redo your whole kitchen or tackle a single area such as an island counter.

### Getting started

When selecting the wood, keep esthetics and durability in mind. Most types of wood can be used, so determine the look and quality you want. Your local hardware store can help you make a selection or you can recycle material such as an old door. Make sure to have proper safety equipment and do not use machinery you don't know how to operate — it's always OK to ask for help.

### Muscle work

Begin by measuring your current counter to determine the amount of wood you will need and how big the planks should be. Once you've purchased the wood, you can now remove your countertop and place it onto the new wooden planks. Use the existing counter as a guide and outline. Trace the counter's outline, then remove it and proceed to cut the wood. Make sure to cut on the outside of the line you've marked to keep the right dimensions.

### Detailing

Once you're done cutting, sand everything down to take away the roughness and smooth down edges. If you are using large slabs of wood, remember to cut holes for the sink and faucet if necessary. If you are using several pieces of wood, prepare wooden cleats to assemble the pieces together and screw into place. Stain the wood by applying two coats with a brush and using even strokes. Once dry, apply a coat of finishing glaze/lacquer — this will help waterproof and stain-proof the wood. Slide the countertops back into place, make adjustments where needed, and secure everything with screws from the underneath of the counter.

**More reno ideas**

For more inspiration and home renovation ideas, catch all-new back-to-back episodes of Daryl's Restoration Over-Hall, Tuesdays at 10 p.m. ET/PT on DIY Network Canada.

**Preserving wood**

- Do not place hot items, such as hot pots or pans, on the counter.
- Always use a cutting board — do not use the wood's surface to cut on.
- Avoid leaving wet items on the counter.
- Treat counters with mineral oil every couple of months for protection.

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# Focusing on young and urban dwellers

## *Bridgeland Hill just minutes from downtown*

Sporting the tagline "Young. Energetic. Connected," Gablecraft at Bridgeland Hill is set to become Calgary's hottest new condominium development with a focus on the young, urban downtown dweller who wants easy access to work and play.

Located in the rejuvenated Bridgeland neighbourhood just minutes from Calgary's downtown, Bridgeland Hill offers 101 one- to three-bedroom condos in a five-storey, boutique-style building at prices from $249,000. The Bridgeland Hill sales centre, featuring a display suite and exterior renderings, opens Saturday, with building construction planned for 2015 and home possessions set for late 2016.

Set amidst some of Calgary's hottest new cafés and restaurants, Bridgeland Hill is just a few blocks from the popular 1st Avenue shopping district, and a short walk or bike to recreation — two parks, skating rinks and an aquatic and community centre are all nearby. Bridgeland Hill also features a hilltop vantage overlooking the Bridgeland area, green spaces, the river and downtown.

While all units come with a balcony and abundant natural light, it's the value-added interiors that set the condos of Bridgeland Hill apart. Ranging from 476 to 1,088 square feet, the contemporary condo units feature stainless steel appliances, including a 30-inch gas stove, cabinetry with a choice of light or dark teal colour schemes, and quartz countertops in the kitchen and bath.

There are durable HARO laminate floors in the living, dining and kitchen areas, broadloom carpeting in the bedrooms and convenient USB outlets in the master bedroom and kitchen, allowing for easy recharging of smartphones, tablets and more.

Modern conveniences abound at Bridgeland Hill, including secure underground parking, a standard four-foot by six-foot storage locker per unit, and private bike room with ramped access from Edmonton Trail. A fitness facility and attractive courtyard beckon those who want to be connected in the heart of the city.

### *THOUGHTFUL LAND USE, SITE PLANNING*

Gablecraft Homes is a new homebuilder creating single-family homes all the way to highrise condominiums in the most desireable neighbourhoods of Calgary, Airdrie, Nanaimo, Kelowna and Comox.

The company's key to success includes thoughtful land use and site planning, great architectural design and attention to detail in safe, family-oriented and richly landscaped neighbourhoods, while still being convenient to work, recreation, schools and shopping.

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# Modern twist on traditional comfort food

This recipe serves four. RYAN SZULC

## Stovetop Chicken with Herb Dumplings.

Typically cooked with a whole chicken, this meal uses speedy-to-make chicken breast

**1.** Start making the stew. Heat your favourite heavy skillet over medium-high heat. Pour in the vegetable oil, then add the butter (the oil prevents the butter from burning). Add and sear the chicken breasts, building a golden-brown crispy crust on each side, about 15 minutes total. Remove the delicious chicken to a plate.

**2.** To the skillet, add the onions, celery, carrot and garlic along with a splash or two of water to loosen and dissolve all the flavourful browned bits. Stir and cook until sizzling, 5 minutes or so. Reduce the heat to medium. Sprinkle in the flour and stir until it's evenly absorbed by the butter. Pour in the wine and stir the works again. Pour in the cream and water and continue cooking, stirring often, until the sauce is beautifully thickened and smooth.

**3.** Meanwhile, chop the chicken into bite-size pieces. Return them to the pan along with the peas. Season with thyme, salt and pepper. Turn off the heat.

**4.** To make the dumplings, in a medium bowl, whisk together the flour, baking powder, sugar and salt. Stir in the parsley. Add the milk and melted butter, and stir together until the dough is just blended. Return the chicken stew to a slow simmer. Spoon 10 or 12 dumplings over the stew. Cook, uncovered, for 10 minutes, then cover tightly and cook until the dumplings are fluffy and tender, 10 more minutes. Spoon and serve! **FROM FAMILY MEALS: 100 EASY EVERYDAY RECIPES BY MICHAEL SMITH. COPYRIGHT MICHAEL SMITH, 2014. REPRINTED BY PERMISSION OF PENGUIN CANADA BOOKS INC.**

### Ingredients

**For the Creamy Chicken Stew**
- 1 tbsp (15 ml) vegetable oil
- 1 tbsp (15 ml) or so butter
- 2 boneless, chicken breasts
- 1 large onion, chopped
- 2 celery ribs, diced
- 1 large carrot, diced
- 4 garlic cloves, thinly sliced
- 2 tbsp (30 ml) all-purpose flour
- 1 cup (250 ml) white wine
- 1 cup (250 ml) whipping cream
- 1 cup (250 ml) water
- 1 cup (250 ml) frozen green peas or corn
- 1 tbsp (15 ml) fresh thyme
- 1 tsp (5 ml) salt
- Lots of freshly ground pepper

**For the tender dumplings**
- 1 cup (250 ml) all-purpose flour
- 2 tsp (10 ml) baking powder
- 1/2 tsp (2 ml) white sugar
- 1/2 tsp (2 ml) salt
- Handful of chopped parsley
- 1/2 cup (125 ml) milk
- 1/4 cup (60 ml) butter, melted

**Cookbook of the Week**

## Simplify real homemade food

An advocate for simple, healthy cooking, Michael Smith uses his latest book, Family Meals, to inspire readers to create great-tasting meals for their own families. In the release, Smith shares the recipes he loves to cook for his own family along with tips on how to make cooking together fun. Among the 100 recipes are: Maritime Mussel Chowder, Sweet Potato Chickpea Stew, Nacho Burgers, and more. **METRO**

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Country Hills SCION

**Wednesday - Thursday 9am - 9pm**
**Friday - Saturday 9am - 6pm**

MLB

## Orioles flying high with sweep of Blue Jays

Steve Pearce homered twice and drove in four runs as the AL East champion Baltimore Orioles beat the Toronto Blue Jays 6-1 Wednesday night for a three-game sweep.

Pearce, one of the key components of Baltimore's surprising season, hit a solo shot in the third inning and a three-run drive in the fifth. His 20 homers this year are three more than the 31-year-old had previously in his entire career.

The Jays have lost four in row. Their wild-card chances now are only mathematically viable.

THE ASSOCIATED PRESS

'We made a mistake'

## Vikings regret bringing back Peterson

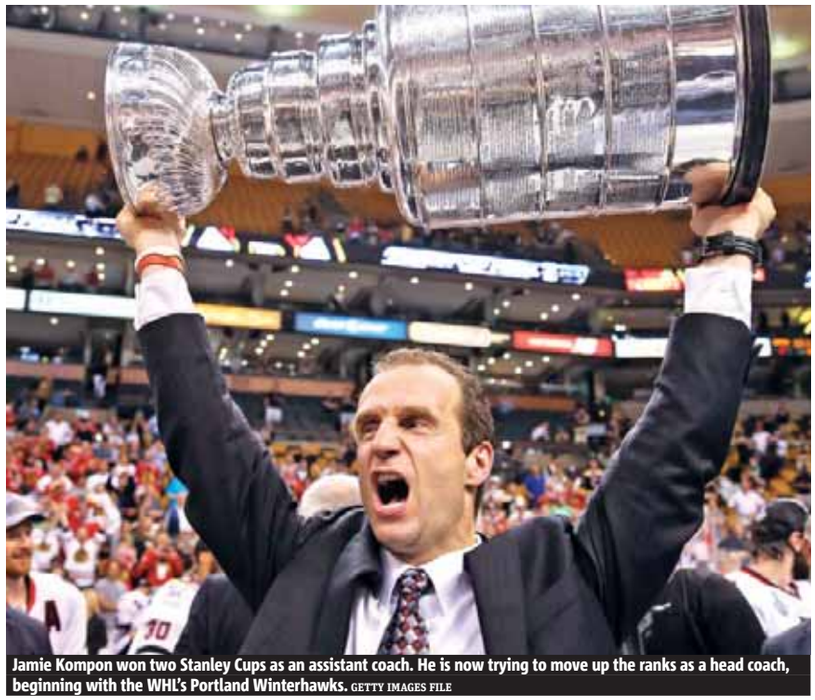
Hours after reversing course and benching Adrian Peterson indefinitely, Minnesota Vikings owner Zygi Wilf said Wednesday that the team "made a mistake" in bringing back their superstar running back following his indictment on a felony child-abuse charge in Texas.

"We made a mistake and we need to get this right," he said at a crowded news conference.

Peterson is accused of injuring his four-year-old son by spanking him with a wooden switch earlier this year. Peterson's been put on the exempt-commissioner's permission list, meaning he is off the active roster while he deals with his legal affairs. THE ASSOCIATED PRESS

# New WHL coaches working their way up

**Proving grounds.**
Hunter, Kompon and Woods now bench bosses after success in the NHL as assistants



Jamie Kompon won two Stanley Cups as an assistant coach. He is now trying to move up the ranks as a head coach, beginning with the WHL's Portland Winterhawks. GETTY IMAGES FILE

In order to rise to the top of the coaching ladder, three longtime NHL assistants are dropping a couple of rungs first.

Almost half the teams in the Western Hockey League will start this season with new coaches, with Tim Hunter, Bob Woods and Jamie Kompon coming directly from the NHL.

Hunter, an assistant coach last season with the Washington Capitals, is the new head coach and general manager of the Moose Jaw Warriors. Woods has taken on both roles with the Saskatoon Blades after spending last year as an assistant with Anaheim.

Kompon, who won a Stanley Cup with Chicago in 2013 and the Los Angeles Kings in 2012, is coach-GM of the Portland Winterhawks.

What brings these men to major junior hockey is the belief the WHL can be a springboard to a job as an NHL head coach.

Mike Johnston, Kompon's predecessor in Portland, went directly to head coach of the Pittsburgh Penguins this season after six years with the Winterhawks.

"I've been an assistant and worn many hats in the NHL for 17 years," Kompon says. "You kind of get to that stage where 'am I ever going to get out of that or is this my peak? Have I maxed out as an assistant?'

"Wanting to be that head coach and running my own team and being able to run my own bench, that's why I feel this is a great opportunity for me."

Hunter won a Stanley Cup as a player with the Calgary Flames in 1989. He's been an NHL assistant coach for 14 seasons with Washington, Toronto and San Jose.

"As an assistant coach in the NHL, I've applied for a number of jobs that were head coaching opportunities," Hunter says. "I keep getting the stumbling block that I don't have enough coaching experience. I never ran my own team.

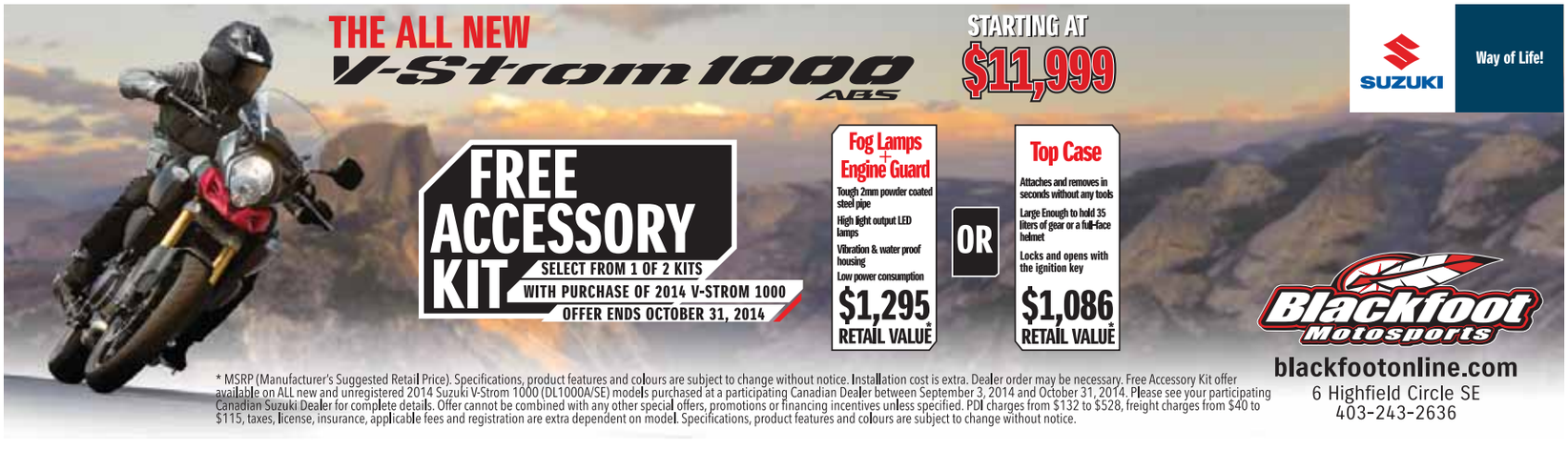
"For me, I felt if I ever wanted to finish out my dream and be a head coach at the highest level — I was very fortunate to play at the highest level, so now I want to coach at the highest level as a head coach — I thought I'd have to take a step back and become a head coach at the WHL level. I thought it gave me the best opportunity to become an NHL head coach."

THE ASSOCIATED PRESS

**Dropping the puck**

**The 2014-15 season opens Friday with seven games. Four of the WHL's 22 clubs will start the season ranked in the Canadian Hockey League's top 10: Brandon Wheat Kings (third); Kelowna Rockets (fifth); Calgary Hitmen (seventh); Portland Winterhawks (10th).**

4 SPORTS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# Camp is now in session

There's plenty of drama well before the 2014-15 season gets underway Oct. 8. So with NHL training camps set to open Thursday, here are the top storylines to watch in the coming weeks:

THE CANADIAN PRESS

## Turning Leafs

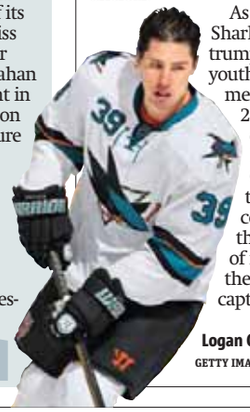
Randy Carlyle is still the coach of the Leafs, Dion Phaneuf is still the captain and the core is very much intact from the group that lost 12 of its final 14 games to miss the playoffs. But ever since Brendan Shanahan was named president in April, the organization has talked up a culture change.

Not much has changed on the roster, so Carlyle's camp and the Leafs' playing style in the pre-season should answer plenty of questions about what's really different.

## Parting of the 'C'

Joe Thornton was the captain of the San Jose Sharks when they blew a 3-0 series lead to the Kings in the first round. Coach Todd McLellan said last month that his team goes into camp with the captaincy and both alternate spots up for grabs.

With Thornton displaced, roles in the locker-room and on the ice are unclear.



As the Sharks trumpet a youth movement, 25-year-old Logan Couture could be the face of it as the new captain.

**Logan Couture**
GETTY IMAGES

## Quick recovery?

A summer passing around the Stanley Cup for the Kings turns into an autumn of wondering when Jonathan Quick will be himself after off-season wrist surgery. The team announced in late June that their No. 1 goalie would be off the ice for 10 to 12 weeks.

GM Dean Lombardi told the Los Angeles Times that Quick only recently started facing shots again and wouldn't be rushed back on the ice during the pre-season. The start of the regular season remains the target.

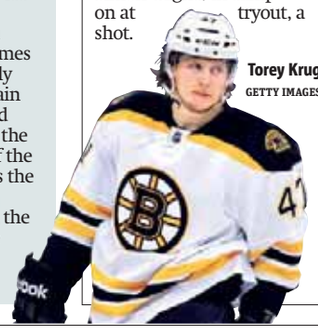
If Quick isn't ready, the Kings have sophomore Martin Jones but little depth beyond him.

## Bruins in a bind

The Bruins need new contracts for last year's all-rookie defenceman Torey Krug and winger Reilly Smith.

It's tough to be right against the cap ceiling, even with Marc Savard's salary set to come off the books.

Smith will be counted on to help fill the scoring void left by Jarome Iginla, and either a bottom-six forward will need to step up or the Bruins could give Simon Gagne, in camp on at tryout, a shot.



**Torey Krug**
GETTY IMAGES

## On the Trotz watch

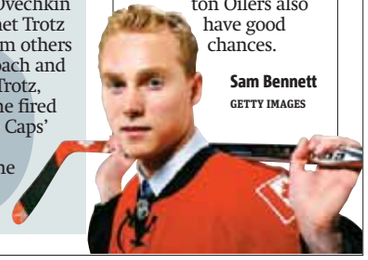
Barry Trotz is one of six new head coaches and is tasked with trying to get Alex Ovechkin and the Washington Capitals back to the playoffs. Will Trotz get the Capitals to play more defensively or will the former Nashville coach adapt with more tools at his disposal?

Before arriving in Washington last week, Ovechkin said he had only met Trotz once but heard from others that he's a great coach and an "honest man." Trotz, who is replacing the fired Adam Oates, is the Caps' fourth bench boss since the start of the 2011-12 season.

## Can rookies raise the bar?

Sam Bennett might always be remembered for not being able to do a pull-up at the NHL draft scouting combine, but he could quickly become a building block in Calgary, if he makes the Flames out of camp.

Among 2014 draft picks, only Florida top selection Aaron Ekblad can feel safe about having a spot in the NHL this season. No. 2 Sam Reinhart of the Buffalo Sabres and No. 4 Leon Draisaitl of the Edmonton Oilers also have good chances.



**Sam Bennett**
GETTY IMAGES

# Burris gives Ottawa D vote of confidence

**CFL.** Veteran QB presents unified front despite Redblacks' struggles in expansion year

The Ottawa Redblacks have just one win through their first 10 games, but in quarterback Henry Burris's view the defence has been a bright spot this season for the CFL expansion squad.

"They've been standing on their head and have done a great job for us," the veteran quarterback said Wednesday. "It gives us comfort knowing that all we have to do is handle our side."

The numbers don't necessarily support Burris. Ottawa's defence is ranked last overall in rushing yards allowed (129.1 per game), passing yards (279), total yards (393.8), rushing touchdowns (12), sacks (20) and seventh in points (25.8).

However, Ottawa's offence is ranked last in the CFL in scoring (14.1 points per game), first downs (158) and rushing (66.7 yards), eighth in total yards (284.9 per game) and seventh in passing (238.2 yards per game).

That's often put the onus on the defence to keep games close. That certainly was the case in Ottawa's lone victory, an 18-17 home-opening win over Toronto on July 18 that saw kicker Brett Maher account for the Redblacks' points with six field goals.

"The defence has had a good energy and confidence level about them where they just want to go out and play whoever," said head coach Rick Campbell. "We've also been trying to have some continuity on that side so we could grow as well."

Campbell said one of his defence's best attributes is its ability to compete no matter what.

"We've played some low-scoring games which aren't typical of the CFL and they just keep plugging away and doing their thing," he said. "There's a whole bunch of things we still need to get better at, but as long as they have that enthusiasm and they compete like that then they'll always have a chance." THE CANADIAN PRESS

**Still seeking balance**

**"We know the defence will keep us in the games, but we want to return the favour and score a lot of points."** Redblacks QB Henry Burris

## Messi sets up winning goal

FC Barcelona's Lionel Messi is brought down by Carlao of APOEL FC during their UEFA Champions League Group F match on Wednesday in Barcelona. Gerard Pique headed in Messi's free kick for the only goal in Barcelona's 1-0 win. Scan the image with the Metro News app for additional Champions League results. DAVID RAMOS/GETTY IMAGES

**CONCACAF**

## Impact top Red Bulls

Marco Di Vaio's first-half strike gave the Montreal Impact a 1-0 victory over the New York Red Bulls in CONCACAF Champions League action at Saputo Stadium on Wednesday night.

THE CANADIAN PRESS

**Women's hockey**

## Bonhomme retires from Team Canada

Veteran Canadian women's hockey defenceman Tessa Bonhomme is retiring from international competition.

Bonhomme made her international debut at the 2004 Four Nations Cup and finished her career with 51 points (10 goals, 41 assists) in 107 games. She is the fifth-highest-scoring defenceman in the history of Canada's senior women's team.

Tessa Bonhomme
THE CANADIAN PRESS

The 29-year-old native of Sudbury, Ont., won gold with Canada at the 2010 Olympics in Vancouver and at the IIHF world women's championship in 2007 and 2012. She assisted on Caroline Ouellette's overtime winner in the 2012 gold-medal game.

THE CANADIAN PRESS

**AUGMENTED REALITY**

**Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.**

→ See the full instructions on Metro's Voices page.

## Horoscopes by Sally Brompton

### ♈ Aries
**March 21 - April 20**
Don't compromise your principles today. You may think others will admire your pragmatic approach, and maybe they will, but rivals will see it as a sign of weakness.

### ♉ Taurus
**April 21 - May 21**
Avoid anything too adventurous today. Stick with what feels right to you, even if others say it is boring. You know what you like and there is no reason why you should change it.

### ♊ Gemini
**May 22 - June 21**
If you get the chance to improve your cashflow situation, take it. Your ability to make quick and correct decisions means you will be much in demand today.

### ♋ Cancer
**June 22 - July 23**
Be careful that what you say to a loved one doesn't hurt them. You have every right to express your opinion, but you also have a responsibility to think what the consequences might be.

### ♌ Leo
**July 24 - Aug. 23**
You are desperate to spread your wings. You will get the chance not long after the Sun changes signs on the 23rd. For now, finish what you started.

### ♍ Virgo
**Aug. 24 - Sept. 23**
You may not be able to take your own plans further right now but you can certainly help a friend with something that means a lot to them.

### ♎ Libra
**Sept. 24 - Oct. 23**
Whether or not you have the experience to take on a new role at work is irrelevant. What matters is that you have the intelligence and the ambition.

### ♏ Scorpio
**Oct. 24 - Nov. 22**
What you get over the next 24 hours may not be what you want but it is exactly what you need. If a friend makes a suggestion, you would be wise to take it seriously.

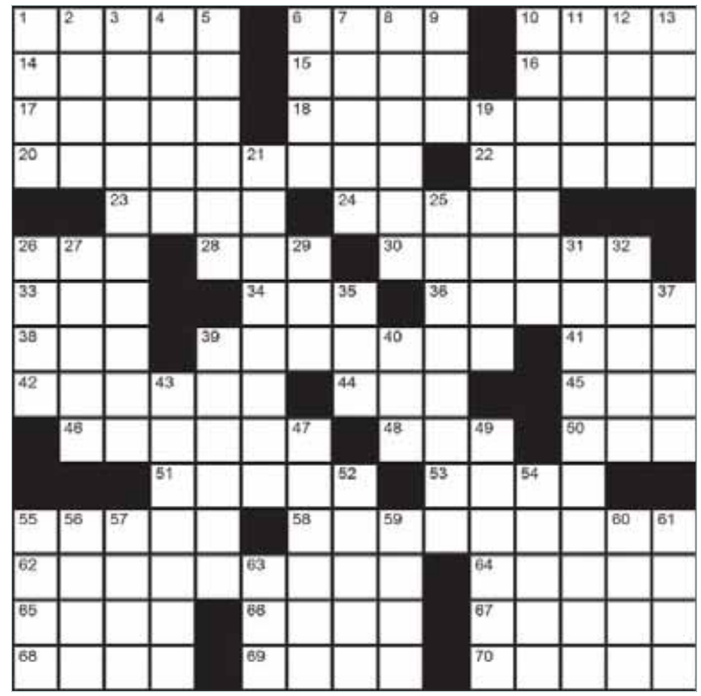
### ♐ Sagittarius
**Nov. 23 - Dec. 21**
A little knowledge can be dangerous, so whatever it is you discover today don't act on it yet. In the fullness of time you'll find it is only half of the picture.

### ♑ Capricorn
**Dec. 22 - Jan. 20**
Don't waste time on petty arguments when there are so many important matters that require your attention. There's enough room for every opinion.

### ♒ Aquarius
**Jan. 21 - Feb. 19**
However much you might fear the unknown, confront it over the next few days. Otherwise, you may not be in the frame of mind to take advantage of the opportunities coming your way.

### ♓ Pisces
**Feb. 20 - March 20**
You know what you want and you know how to get it. So what are you waiting for? The time is right to make your bid for fame and fortune, so don't hold back a moment longer.

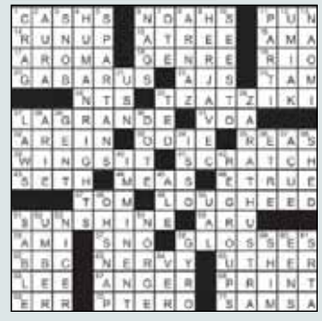
## Crossword: Canada Across and Down by Kelly Ann Buchanan



### Across
1. Alexandre __, The Count of Monte Cristo author
6. Force on upcoming FOX series "Gotham" [acronym]
10. Loudness unit
14. Denigrate
15. "This is __ _ big mistake!"
16. Cedar Rapids state
17. __ __ a beet
18. Nova Scotia's celebrated folk artist (b.1903 - d.1970): 2 wds.
20. Artsy event: 2 wds.
22. Heraldic wreaths
23. Actor Will
24. Huge
26. Mineral __
28. Scottish writer Josephine
30. 'Apple pie a' needs it: 2 wds.
33. She's opposite
34. Sine __ non (Essential thing)
36. Referencing
38. US dog org.
39. Arctic footwear
41. Dietary letters
42. Type of beard
44. Gremlin
45. High society, Bon __
46. Task-ful trip
48. Charles Dickens protagonist
50. Winnipeg airport code
51. Go in
53. Sud's opposite
55. Brit now living, e.g., in Canada
58. 1995 novel by Canadian author Wayson Choy, The __ __
62. "Yukon Men" channel
64. Showbiz agent, Swifty __ (b.1907 - d.1993)
65. Tuner
66. Frozen beverage name
67. "Let's Make __": 2 wds.
68. Van Gogh's Bank of the __ at Auvers
69. Middles, mini-ly
70. Director Mr. Harlin

### Down
1. Jeanne _'__
2. Slangy 'super'
3. Island-of-animals 2005 animation
4. "It's _ __ bet that..."
5. Group of six
6. Explorer, Vasco da __
7. Insurance company filing
8. Canadians (note the 's'), as opposed to Canadian
9. Father
10. Stock pantomime character
11. Wolf's wail
12. Boo-boo
13. Northern BC's __ River
19. __ Express (Canada-based courier)
21. Patronize
25. The __ __ (Canuck artist Tom Thomson tree painting)
26. Certain carpet
27. 'Orange' tea
29. Chuckling sound!
31. Donald Sutherland war picture starring Lee Marvin, "The __ __" (1967)
32. Fund
35. Will Smith movie
37. Turf ruler
39. Have the intention: 2 wds.
40. Li'l strike caller!
43. Overly-sweet sentimentality
47. Dishearten
49. Tree type
52. More unique
54. Writer Charles' bookish surname
55. Taro root
56. Gladiator's 13
57. Pro bono TV spots
59. Nice 'n Easy products
60. "Wavin' Flag" by K'__
61. Every 12 mos.
63. The Old __ (Theatre in London, England)

## Yesterday's Crossword



## Online

See today's answers at metronews.ca/answers

## Sudoku

**How to play**
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | | | | 5 | | | 6 | |
| | | | 3 | | | 2 | | |
| 3 | | 2 | | | 6 | 9 | | |
| | | 1 | | | | | | 8 |
| 5 | | 9 | 2 | | 7 | 4 | | 6 |
| 8 | | | | | | 7 | | |
| | | 6 | 8 | | | 5 | | 9 |
| | | 3 | | | 1 | | | |
| | 9 | | | 3 | | | | 7 |

### Yesterday's Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | 3 | 4 | 5 | 9 | 6 | 1 | 8 | 7 |
| 8 | 6 | 7 | 3 | 1 | 4 | 5 | 9 | 2 |
| 5 | 9 | 1 | 8 | 7 | 2 | 3 | 6 | 4 |
| 9 | 4 | 8 | 2 | 5 | 3 | 6 | 7 | 1 |
| 7 | 2 | 3 | 6 | 8 | 1 | 4 | 5 | 9 |
| 1 | 5 | 6 | 9 | 4 | 7 | 8 | 2 | 3 |
| 4 | 8 | 5 | 1 | 2 | 9 | 7 | 3 | 6 |
| 6 | 1 | 2 | 7 | 3 | 5 | 9 | 4 | 8 |
| 3 | 7 | 9 | 4 | 6 | 8 | 2 | 1 | 5 |

What's an 8 letter word that avoids bankruptcy?

| 1P | R | O | P | O | S | A | L |
|---|---|---|---|---|---|---|---|

Did you know that you can legally force your creditors Into a settlement through a program called a Proposal?
Ask us about it. Call or email: inquiries@SolvingDebt.ca
403.266.6665 www.SolvingDebt.ca

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Credit Counsellors | Proposal Administrators | Trustees in Bankruptcy
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PLUS FREE WINTER TIRES* WITH ALMOST EVERY PURCHASE*

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### 2014 MATRIX

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### 2014 VENZA

AWD LOADED V6

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STK#P300015

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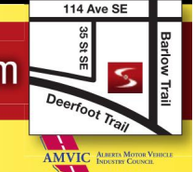


*Prices include all taxes & fees and are plus GST only One offer per customer – Conditions Apply – Offers vary by model. Demo Model Prices cannot be combined with TFS Subsidized low rates. ** 60 month Lease Terms, 1st payment – taxes – options extra 20,000 km/year allowance. Payments are Semi- Monthly. Corolla Model BURCEM-AA, APR 0.9%, LEV $7,122.28 Matrix Model KU4EEP-EA, APR 0.9%, LEV $7,678.80 Venza Model BK3BBT-AA, APR 0.9%, LEV $12,028.70 RAV4 Model BFREVT-AL, APR 0.9%, LEV $11,877.75 Tacoma Model MU4FNA-AA, APR 3.9%, LEV $14,424.75 Tundra Model UY5FIT-AA, APR 0.9%, LEV $14,065.50

AMVIC Alberta Motor Vehicle Industry Council